



Planting the Seeds of Change from Within

Interns/Volunteers Protocol

Who we are?

- In Nov. 2014, UNESCO Body Mind Wellness Club (from now on called UNESCO BMW) was created to propagate the larger intent of peace: Inner Peace Projects, Support of Ecosystem and encouraging traditional art and craft.
- The UNESCO BMW has offered different seminars, workshops, exhibitions, Online Monthly Programs and contests that allow it to penetrate in different organizations and extend their collaboration and partnership with private and public institutions.

What is our expectation from our Interns/Volunteers?

- Read and understand the Website: UNESCOBMW.com to get to know and support our common mission of promoting the ideals of UNESCO on 17 points of sustainability for 2030 specially program and 12 categories of the BMW activities
- To make **visible our presence in the community** and at the international level (including enhancing the Website, posturing, etc.), especially in the fields of our interest
- To make research on the **community needs and the ways to outreach** them
- To **get more active members**.
- Find out **the local partners or donors** and connect with them
- Make UNESCO Center newsletter.
- Support and encourage the **local artists, speakers and volunteers** to join our Club
- Apply for available **grants**
- Collaboration and partnership with other organization with sustainability programs, youth reinforcement, handicraft programs and **health orientation** such as Nutrition, Yoga, Time Management, Feldenkrais, Meditation, etc.
- Please find out the local partners or donors and connect with them.
- Organize the best connection between SAHAJ and UNESCO

Volunteers AGREEMENT:

We are eager to get to know and support all UNESCO Clubs in their quest towards our common mission of promoting the ideals of UNESCO by building Peace in the mind of men and women.

This is an agreement among (“Volunteer”) and (“Club”). The purpose of this educational volunteer is for Volunteer to learn about Club’s mission along with the promotional activities and gain valuable insight and experience. The term of this volunteer begins on..... and ends.....

Site Supervisor: Zohreh Rezazadeh President of UNESCO Body & Mind Wellness Club

Conditions of the Agreement:

- The volunteer is related to an educational purpose, and there is no guarantee or expectation that the activity will result in employment with the UNESCO Clubs.
- The education received by the Volunteer is for the express benefit of the Volunteer.
- The Volunteer does not replace or displace any employee of the Club.
- The Volunteer will receive direct and close supervision by an appropriate supervisor.
- The Club does not derive an immediate advantage from the activities performed by the Volunteer.
- Volunteer is not entitled to wages or any compensation or benefits for the time spent the volunteer.
- Club is not liable for injury sustained or health conditions that may arise for the unpaid volunteer during the volunteer. The Volunteer agrees explicitly to and acknowledges the following:
 - Club may at any time in its sole discretion, terminate the volunteer without notice or cause.
 - Volunteer will maintain a regular volunteer schedule determined by the Volunteer and the supervisor.
 - Volunteer will demonstrate honesty, punctuality, courtesy, cooperative attitude, proper health and grooming habits, appropriate dress and a willingness to learn.
 - Volunteer will obey the policies, rules and regulations of the Club site and comply with the Club's mission practices and procedures.
 - Volunteer will furnish his/her supervisor with all necessary information about her/his unpaid volunteer, including related assignments and reports.
 - While Volunteer is on the Club premises, he/she is considered an employee or agent of Club for any purposes.
 - Volunteer assumes all of the risks of participating in the volunteer program. In consideration of the opportunity afforded to the Volunteer to participate in the volunteer program, Volunteer as a result of this agrees that he/she, his/her assignees, heirs, guardians, and legal representatives will not claim UNESCO Ctr. And Clubs or any of its affiliated organizations, or either of their officers or directors collectively or individually, or any of its employees, for the injury of death to Volunteer or damage to his/her property, however, caused, arising from his/her participation in the volunteer program. Without limiting the generality of the preceding, volunteer hereby waives and releases any rights, actions, or causes of action resulting from personal injury or death to him/her, or damage to his/her property, sustained in connection with his/her participation in the volunteer program.

Intern/Volunteer Info:

- a. Full name & contact info (phone & email)
- b. Professional headshot
- c. List of work/activities/performances
- d. The timeline they will work with use
- e. At the end of the volunteering, we will provide you with a certificate of appreciation
- f. Also, a letter of recommendation can be arranged upon request for future jobs/college acceptance, etc.
- g. This volunteering is done for ... days, ... hrs. a week for ... months.

I understand and agree with the content above Intern/Volunteer for UNESCO Center in Frederick

Date -----
Title -----

Signature -----
Signature President -----

Our Community Outreach Specific Activities is as listed below

All 11 Categories links on our Website:

UN & UNESCO Monthly Events:

<https://unescoBMW.org/un-unesco/>

Haven of Inner Peace:

<https://unescoBMW.org/home/haven-of-inner-peace/>

Eco-Adventure Programs:

<https://unescoBMW.org/home/eco-adventures-2/>

Sustainability & Smart Business Lecture Series- STEAM:

<https://unescoBMW.org/home/sb-lecture-series/>

Audio Visual Art & Melody of Diversity, Equity & Inclusion:

<https://unescoBMW.org/home/art-and-melody-of-diversity-equity-and-inclusion/>

Crafts & Cuisines Workshops:

<https://unescoBMW.org/home/craft-food-workshops/>

Marchitelli's Kitchen:

<https://unescoBMW.org/healthy-flavorful-dishes/>

Books:

<https://unescoBMW.org/home/books/>

International Model UN/STEM Summer Camp:

<https://unescoBMW.org/home/imun-stem/>

Talking Circle & Mentoring:

<https://unescoBMW.org/home/talking-circle-mentorship/>

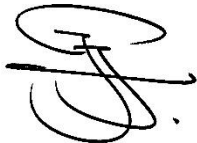
Radio in Farsi:

<https://unescoBMW.org/languages/>

Art of Inner Peace competition:

<https://unescoBMW.org/home/art-of-inner-peace-2/>

Sincerely,



Zohreh Rezazadeh

Executive Director of UNESCO Body & Mind Wellness Club

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UNESCO Body & Mind Wellness Club doesn't promote or endorse the views of the programs, sponsors or presenters.