

The Youth Committees

- **Our Youth Committee Three Fields of Action:**

- The **Guidelines** approved by our Board members regarding **Ecosystem Protection**, one of the three UNESCO BMW goals. **Concepts:** Ecosystem as the way to bring people's awareness from gross to subtle:
 - Recycling/Re-using, compost
 - Eco-friendly choices in their personal, work, social, global life
 - Respect for Mother Earth as the way of self-respect by understanding the elements in their nature that are so intelligent: soil, water, air, light, ether, vibrations

Some samples of **how to put in action all of the above:**

- Video interviews of people of any age (for under 18 with parents' authorization for videoing and broadcasting) on mainly the below questions:

What does friendship/caring mean for you in your personal life?

What does friendship/caring mean for you in your social/global life?

Why is peace important?

How can we achieve peace personally/globally?

Do you know about UNESCO BMW?

Would you like to be friends with them?

- Traditional farming and Hydroponics as a way to create a connection with Mother Earth and to equably distribute food worldwide
- Connecting artists and business people with the same mindset
- Understanding the world of Alternative Energy Technologies by inviting experts to our programs
- Clay 3-D Printing Construction as a cost-effective and healthy paradigm for future construction
- Allopathic, Homeopathic and Ayurvedic Medicines as a way toward inner balance and harmony

The **Guidelines** approved by our Board members regarding **Encouraging Art and Crafts**, one of the three UNESCO BMW goals.

Concepts: Art and Crafts as the way to bring people's awareness from gross to subtle, by reusing unrecycled items in artwork, to art and music therapy, or all types of creative expressions from the heart as some examples.

UNESCO BMW is a foundation devoted to world peace, a celebration of culture and diversity.

We ask artists/Crafters worldwide to participate, sharing your talent with us for a good cause. If there are artists/crafters interested, we would like them to send us a video clip sample of their work and a resume related to their performance. All of this is for us to get to know them better. If choosing to participate, their art would be exposed to hundreds of people worldwide on our website and broadcasting/social media platforms. In case they want to collaborate with us, we will send them a waiver to sign.

Some samples of **how to put into action all of the above:**

- Video interviews of people of any age (for under age 18 with parents' authorization for videoing and broadcasting) on mainly the below questions:

What does Art & Craft care mean for you in your personal life?

What does Art & Craft care mean for you in your social/global life?

Why is peace important?

How can we achieve peace personally/globally through Art & Craft?

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Recycling/Reusing art as a way to create a connection with Mother Earth

- Art Therapy
- Music & music therapy
- Crafts for developing business relationships by connecting artists and business people with the same mindset

Categories of Art Expression:

1. Literature: writing, poem, story, fables,
2. Cinema: film,
3. Architecture: sculpture, glasswork,
4. Drawing: painting, photo, calligraphy,
5. Music,
6. Dance, musical show,
7. Show: reciting, theater

The **Guidelines** approved by our Board members regarding **Inner Peace Practices** as one of the three UNESCO BMW goals:

Concepts: We believe that world peace can only be achieved when harmony is completed within individuals. That intelligence is harnessed through **secular meditation**, which comes from ancient memory, and is an extraordinary contribution to the reconciliation of man with nature and with himself. Through the alpha and theta waves of meditation, one can have a subjective experience in the brain's limbic area in the form of a balanced and peaceful state! We naturally expect and even demand that same harmony and balance in our surrounding world.

To contribute in real terms to this transformation and to create a new and sustainable world, UNESCO BMW proposes the Let's Meditate Project.

Some samples of **how to put in action all of the above**:

- Video interviews of people of any age (for under age 18 with parents' authorization for videoing and broadcasting) on mainly the below questions:

What does Inner Peace mean for you in your personal life?

What does Inner Peace mean for you in your social/global life?

Why is inner peace important?

How can we achieve peace personally/globally through Secular Meditation?

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Would you like to be friends with them?

- Regular, secular meditation in our monthly programs
- Enlightened Music & Sufi music
- Enlightened Poetry
- Some stretching, relaxing movements of Yoga